

Title of the Activity: The 5 Axes	
Theme: Interacting with various events	
Number of Participants: 20	
Allocated Time: a whole training day	
Necessary Material: Sticky notes – Pens – Flipchart Papers – a Bell etc.	
<p>General Description: The “5D Activity,” also known as the activity of the 5 Axes or the Re-Prioritization is a role game composed of 4 sections and aims at classifying current debatable and controversial chosen events under 5 categories based on individual care and influence, prioritizing these events through decision making while playing the role of authority, re-prioritizing these events after discussions with fellow delegates and at the end the participants move from public sphere events to personal ones that are shared in private groups to be later recalled and written by participants on behalf of each other without mentioning names in the form of a comfort book through group counseling . Moreover, the activity allows the delegates to acquire important skills such as critical thinking, ability to negotiate, empathy and dialogue. Finally, this activity can be implemented in any country or community in which the trainer/facilitator customizes the events to fit the context he/she are implementing the activity in.</p>	
Learning Objectives	
<p>At the end of this activity the participants will</p> <ul style="list-style-type: none"> • Be aware of the current events; • Realize that their interactions with the given events is related to their ability to control them or impact through them; • Realize the discrepancy in interactions to specific events; • Know that their interaction with the events changes when they move from the personal to the public. • Be able to arrange the events according to their personal vision and priorities; • Differentiate between their responsibilities as active decision makers and passive receivers when choosing the events and sorting them from the least to the most important; • Be able to arrange the events according to their common vision and priorities; • Show empathy towards each other through what is known as collective consolation. • Be able to discuss the events in a rational and objective way, while avoiding emotionality. • Adopt a consensual view on how to approach an event regardless of their interaction with it. 	
Included Concepts	Interest – Interaction – Impact – Control – Negotiation – Critical Thinking – Empathy – Listening – Advocacy
Important tips for the Trainer	<p>-Pay attention to the precision of the exercise;</p> <p>-Pay attention to the phrasing of the event by making sure not to cancel out the element of excitement and motivation;</p> <p>-Be aware of sensitive issues that might influence next steps</p> <p>-Do not explain the events nor give any additional details;</p>

	<ul style="list-style-type: none"> -Make sure to take away anything that might distract the participants such as mobile phones; -Make sure to have a spacious room with a rounded table; -Make room for everyone to participate; -It is recommended that you use some music to accentuate the element of suspense for example: <i>Loreena McKennitt - Huron 'Beltane' Fire Dance</i>
Steps to Follow	
Preparation	<ul style="list-style-type: none"> -The trainer writes the following 5 statements on 5 different sheets: <ol style="list-style-type: none"> 1. Events that I care about and can control; 2. Events that I care about and through which I can impact; 3. Events that I care about but can neither control nor impact through them; 4. Events that I am aware of but that do not personally interest me; 5. Events that I do not care about nor interact with. -The trainer selects 10 current events of different fields (political, economic, social, artistic, environmental, etc.) and gives the participants the chance to add an additional event of their choice. The list is then put aside, uncovered.
The Activity	
The First Stage	<ul style="list-style-type: none"> -Before the activity starts, the trainer asks the participants to put their phones away, emphasizing on the importance of concentrating on the activity. -The trainer introduces the activity by addressing the participants and saying, "You are a group of people, advocates for specific events." -The trainer reveals the list of events that he has prepared and reads them with no further explanation. -The participants are asked to pick 8 events out the given ones and distribute them as follows: <ol style="list-style-type: none"> 1. Events that I care about and can control; 2. Events that I care about and through which I can impact; 3. Events that I care about but can neither control nor impact through them; 4. Events that I am aware of but that do not personally interest me; 5. Events that I do not care about nor interact with. -The trainer then asks the participants to go through the sheets on their own, see what other people have written, and pick an event written down by another participant

	<p>that has caught their attention. The trainer gives the participants the chance to ask each other questions regarding the classification of events and the factors that they have taken into consideration before making their choice.</p> <p>The activity should operate in an organized way, where the attendees participate by taking turn and by respecting the time set by the trainer.</p> <p>More than one event can be discussed in the same round. Each round ends with a bell ring.</p> <p>-After the first round of discussion ends, the trainer signals the start of the following one.</p>
The Trick request	<p>-The trainer asks of the participants to select another person's event and change its classification according to their points of view. The participants are also asked to write down their names on the paper that they pick.</p>
The Second Stage	<p>-The trainer selects 5 events (the most and least controversial).</p> <p>-The trainer asks the participants to select only 2 events out of the 5 and classify them as their first and last concern.</p> <p>-Based on that, the participants are divided into groups and asked to defend the event that they least care about (role reversal).</p> <p>-The groups then seek to convince the jury members (the trainer and other facilitators) of the importance of including the event that they are defending within the priorities of the Executive Authority.</p> <p>-The jury picks the team that sounded the most convincing.</p>
The Third Stage	<p>- In this stage, the atmosphere can completely changed, as the participants are divided into new groups and asked to share a personal story (positive or negative) with the other group members.</p> <p>-The trainer explains to the participants his intention to write a book about an imaginary character, "Mixed", who joins all the stories of the participants, with no mention of any names.</p> <p>-The book starts as follows, "My name is Mixed," and the participants are asked to continue the story based on other people's personal events, under the condition of not mentioning the names.</p>
Closure	<p>-The trainer inquires about the importance of what happened during the discussion rounds.</p> <p>-The trainer asks about the link between what happened and the public domain.</p>

	<p>-The trainer asks the participants about their opinion regarding the criteria that the individual bases their choice of events on and their influence on people's interaction with the general opinion.</p> <p>-The trainer inquires about the opinion of the participants regarding the whole activity.</p> <p>-The trainer finally shares with the participants the skills that they acquired and how to implement them.</p>
Required Documents	A list of current debatable events
Source	<p>The 5 Axes Activity is inspired from Ross Slater's <i>The Management Coach</i>, and it was created by Joseph Matta (Trainer & Coach), developed by Adriana Bou Diwan (Trainer & Learning Designer), and reviewed by Mr. Bernard Abrignani (Salto Euromed, Agence Erasmus+ & France Jeunesse et Sport)</p>